

Global Degrowth Day – A Good Life for All!



This year, the second annual **Global Degrowth Day** will again take place on the first Saturday of June. **On 6th June 2020**, public events will be held all over the world in order to share alternatives to a growth-based society. We want to show: a good life for all is possible!

All people, groups, organizations and movements that feel connected to this idea are invited to participate, by hosting local actions and events that explore different ways of moving beyond a society that relies on economic growth. We want to make these ideas visible for as many people as possible. We imagine a diverse movement for global justice, sustainability and well-being. By putting your ideas into practice we can create a more self-determined and thoughtful way of living together. A global action day can help to connect different existing initiatives as part of a colorful and diverse movement for degrowth.

What do we mean by a “good life for all”?

A good life for all requires a form of economy and society that prioritises the well-being of all people and fellow creatures, and protects the ecological basis of life. This can only be achieved by a fundamental change in our current modes of living and production, as well as comprehensive cultural change. For us, the values of such a society include care, solidarity and cooperation. We want to ensure a self-determined and dignified life for all. To achieve this, we need:

- an orientation towards the principle of sufficiency and a reduction of production and consumption in the Global North
- more democratic forms of decision-making to enable genuine political participation
- to remove global structures of domination and exploitation, such as racism, sexism and neo-colonialism, so that everyone can equitably participate in the good life

Such an approach is often referred to as degrowth, or post-growth. See:

www.degrowth.info/en/what-is-degrowth

What will happen on the “Global Degrowth Day – A Good Life for all!” in 2020?

On **6th June 2020**, local initiatives will organize public events and actions that explore concrete possibilities for action and alternatives to the capitalist growth society.

Initiate a picnic and talk about a “good life for all” - change often starts with a relaxed chat around good food. Or, organize a public debate with degrowth activists, a bicycle tour to a local Community Supported Agriculture farm, a visit to a repair café, a demonstration in front of a coal power plant, or any other type of (non-commercial) event ... you can decide! We suggest that events should include a convivial element, where people can interact and share food/drinks together.

Participate!

On our website (www.degrowth.info/en/globalday) you can find a collection of ideas and helpful hints – how to organize events, how to publicise the day, etc.

Maybe you already know what you are going to do? You can publish events yourself on the website – please do so by 24th May 2020.

Also, please don't forget to take photos or videos of your event, so we can collect and publish them afterwards (on our website and social media) to show the diversity and creativity of people organizing their "Global Degrowth Day" all over the world! Please use the hashtag **#GlobalDegrowthDay** in your social media posts.

Who we are

This event is organized by the "Activism" working group of the international degrowth movement. See degrowth.info/en/groups/ for description and contact information.

In case of questions, please email globalday@degrowth.net

The Global Degrowth Day is supported by

